

Take it Outside!

on a guided hike of the Table Rocks!

Discover nature on an educational hike of the Table Rocks. Led by specialists from the community, these hikes are a great opportunity to become immersed in the rich natural and cultural history of the Table Rocks.

The Nature Conservancy and Bureau of Land Management are offering free guided hikes on weekends in April and May. Reservations are required and space is limited.

Reserve your spot by contacting the Medford District BLM no later than 4:00 p.m. the Friday before the hike. For more information and to register,

Call 541-618-2200, Monday through Friday, 7:30 a.m. to 4:30 p.m.

Weekend Hike Schedule

General Family Hike in Spanish Saturday, April 5 • 9:00 a.m. • Upper Table Rock
K'oyóoxinik ^h Titanak ^h ka'á I (We are going together at Table Rock) Sunday, April 6 • 9:00 a.m. • Upper Table Rock
Wildflowers Abound Saturday, April 12 • 9:00 a.m. • Lower Table Rock
Powerful Pollinators Sunday, April 13 • 9:00 a.m. • Upper Table Rock
Layers of Time Saturday, April 19 • 9:00 a.m. • Upper Table Rock
For the Early BirdSaturday, April 26 • 8:00 a.m. • Lower Table Rock
Mighty Oaks! Sunday, April 27 • 9:00 a.m. • Lower Table Rock
Eye in the Night SkySaturday, May 3 • 7:30 p.m. • Upper Table Rock
Spring in Bloom Sunday, May 4 • 9:00 a.m. • Upper Table Rock
Grand Ronde Tribes, Past to Present
Saturday, May 10 • 9:00 a.m. • Lower Table Rock
Night Owls Saturday, May 10 • 7:30 p.m. • Lower Table Rock Loop Trail
Mother's Day—General Family Hike Sunday, May 11 • 9:00 a.m. • Upper Table Rock
Incredible Insects and Spectacular Spiders!Saturday, May 17 • 9:00 a.m. • Upper Table Rock
Wacky Weather Sunday, May 18 • 9:00 a.m. • Upper Table Rock

To view hike descriptions and the full hike schedule, visit the following Web sites:

- Bureau of Land Management
 http://www.blm.gov/or/resources/recreation/tablerock/index.php
- The Nature Conservancy
 http://nature.org/trhikes



